

What to do if a Person is Symptomatic



These recommendations are for K-12 schools, child care, and connected extra-curricular activities.

If a person has one or more of these symptoms:

- Fever ($\geq 100.4^\circ\text{F}$) or chills
- Shortness of breath or difficulty breathing
- Muscle or body aches
- New loss of taste or smell
- Cough (new, changed, or worsening)

- Congestion or runny nose
- Nausea, vomiting, or diarrhea
- Headache
- Fatigue
- Sore throat



They should isolate at home AND get tested for COVID-19

If they do not receive an alternative named diagnosis from a health care provider OR do not get tested



They test **POSITIVE** for COVID-19



They test **NEGATIVE** for COVID-19 OR receive an alternative named diagnosis from a health care provider plus a negative test

Isolate at home

They can return to school, child care, and activities after five days have passed since symptoms first appeared if:

1. No fever within the past 24 hours (without medication) **AND**
2. Symptoms have significantly improved **AND**
3. Wear a mask around others days 6–10 **OR** test negative with an antigen test to return without a mask

If they cannot wear a mask and do not test negative after day five, they must continue isolating through day 10.

<https://www.signupgenius.com/go/10c0f49adac2ea4ffc34-covid>



They should isolate at home

Was **only ONE** symptom present?

NO

YES

Did the symptom resolve within 24 hours **OR** are they consistent with a diagnosed chronic illness?

NO

YES

Return to school, child care, and activities if:

1. No fever within the past 24 hours (without medication)
- AND**
2. Symptoms have significantly improved

Please contact the attendance secretary if your student will be absent.

CES - C. Simpson-Pilgrim at 360-678-2474

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